

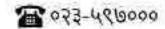
प.सं.: २०८२-०८३ च.नंः २१८६

"औद्योगिक, पर्यटकीय र हरितनगर, स्वच्छ, सुरक्षित र समृद्ध नगर" दमक नगरपालिका

नगर कार्यपालिकाको कार्यालय

दमक, झापा कोशी प्रदेश, नेपाल





मिति:२०८२।८।१६

यगराज निरीला

वरिष्ठ प्रशासकीय अधिकृत

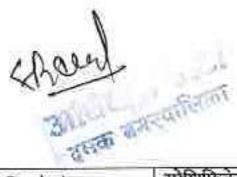
श्री सम्पूर्ण सूचिकृत सबै फर्महरु

विषयः लागत अनुमान गर्ने प्रयोजनको लागि दररेट पेश गर्ने सम्बन्धमा ।

प्रस्तुत बिषयमा प्रदेश सरकार ,दमक नगरपालिका र साझेदार संख्या करुणा फाउण्डेसन नेपालको त्रिपक्षीय लागत साझेदारीमा अपाङ्गता रोकथाम तथा पुर्नस्थापना कार्यक्रम अन्तर्गत सहायता सहयोगी सामग्रीको लागत अनुमान तयार गर्नु पर्ने भएकाले यस पत्र साथ संलग्न स्पेशिफिकेसन BOQ अनुसारको सामग्रीहरूको दररेट मिति २०८२।८।२२गते दिनको ४ वजे भित्रमा दमक नगरपालिकाको महिला बालबालिका तथा ज्येष्ठनागरिक शाखामा उपलब्ध गराइदिनुहुन सम्पुर्ण सुचिकृत फर्महरूलाइ अनुरोध छ । सुचिकृत नभएका फर्महरुले सुचिकृत गरि पेश गर्न सिकन्छ ।

आवश्यक कागजातहरू फर्म दर्ता अधिल्लो आ ब को कर चुक्ता भ्याट प्यान रजिष्टेशन









	The state of the s			1000			19.	0.0
१४	Cp chair	स्पेशिफिकेसन बमोजीम	Pcs	3.40				
१५	Tiolet chair	स्पेशिफिकेसन बमोजीम	Pcs	1				
१६	White stick /White Cane	स्पेशिफिकेसन बमोजीम	Pcs	1				
१७	Digital Hearing	स्पेशिफिकेसन बमोजीम	Pcs	1				
१८	Semi digital Hearing aid	स्पेशिफिकेसन बमोजीम	Pcs	1				
88	Air Mattress	स्पेशिफिकेसन बमोजीम	Pcs	1				1
50	Knee Cap	स्पेशिफिकेसन बमोजीम		1				
					 4	-		

पेश गर्ने फर्मको नामः

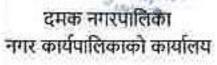
हस्ताक्षरः

मितिः

फर्मको छाप





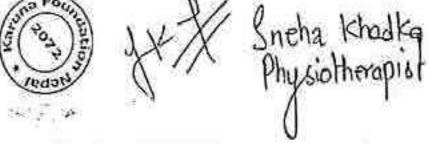


दमक,झापा

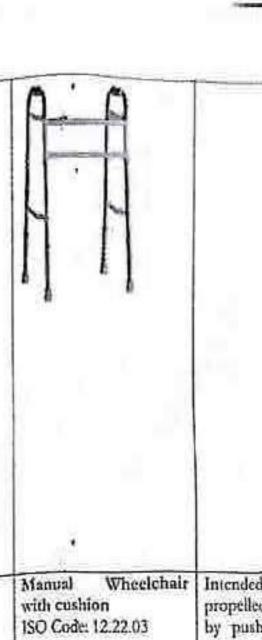


क्र.सं.	सामानको नाम	साइज	ह्काइ	परिमाण	मुल्य	गला	(भ्याट	भ्याट लाग्ने	कैफीयत
er. VI.		CH2-91	gang	Michel	अंकमा	मुल्य अक्षरमा	ताम्रे भए)	भए भ्याट सहितको जम्मा	प्रभगवत
R	Auxilary crutch	स्पेशिफिकेसन बमोजीम	Pcs	1					सबै
?	elbow curtch	स्पेशिफिकेसन बमोजीम	Pcs	1					सामानह
3	Walking stick (L stick ,Tripod)	स्पेशिफिकेसन बमोजीम	Pcs	1					रु स्पेशिफि केसन
٧	Walker	स्पेशिफिकेसन बमोजीम	Pcs	1					बमोजिम
4	Manual wheel chair with cushion	स्पेशिफिकेसन बमोजीम	Pcs	1					को हुनुपर्नेछ ।
Ę	CPwheelchair(w heelchairwith postural support)	स्पेशिफिकेसन बमोजीम	Pcs	1					
6	Tricycles	स्पेशिफिकेसन बमोजीम	Pcs	1					
۷	Specialshoes	स्पेशिफिकेसन बगोजीम	Pcs	1					
8	Modified shoes	स्पेशिफिकेसन बमोजीम	Pcs	1					
१०	Shoe Raise	स्पेशिफिकेसन बमोजीम	Pcs	1					
११	AFO	स्पेशिफिकेसन बमोजीम	Pcs	1					
१२	KAFO	स्पेशिफिकेसन बमोजीम	Pcs	1					
१३	Prosthesis	स्पेशिफिकेसन बमोजीम	Pcs	1			1		

	NAME OF ASSISTIVE	DEFINITION	SPECIPICATION 2121 TOTAL
N	DEVICE	DEFINITION —	SPECIPACION UNITED TO THE PROPERTY OF THE PROP
	Axillary Crutches ISO Code: 12.03.12	Devices providing support when walking that have a horizontal padded support that is placed against the upper body next to the amplit	 Constructed from aluminum alloy tubes. Standard thickness. High density rubber horizontal bar, cushioned, fitting under the axilla Handgrip: high density rubber/ plastic covered handle, pistol grip or rounded. Leg and arm sections adjust independently for optimum sizing-both floor to handgrip height and the distance between the handgrip and the axilla pad is adjustable. Tips: non-slip, and replaceable/ interchangeable, usually made of durable rubber, meets ISO standards. Available in small, medium or large sizes Double molded hand grip with soft cushioning. Height-adjustment mechanism: double height adjustment (handgrip and shaft) Rubber Tips/Ferrule securely fitted and made from durable rubber with steel waser built inside. Max/min adjustable height: 984/745 ± 5 pm Weight bearing capacity: 120kg Size: Large, Medium, Small (depending on the age/condition)
2.	Elbow Crutches ISO Code: 12.03.06	Devices, adjustable in height, providing support when walking that have a semi-circular support for the elbow, a horizontal hand grip, a single shaft, and one up	Designed for short- or long-term use by children or adults who require support to maintain balance or bear weight through their legs due to injury, disability, or surgery recovery. 1. Cuff • Closed or semi-circle design for secure forearm placement • Hinged or fixed attachment for adjustability and ease of movement • Material: Durable, lightweight, and non-abrasive plastic or composite material • Comfort & Fit: Etgonomically contoured to provide secure yet comfortable forearm support • Padding optional for added comfort and pressure relief
			Ergonomically molded for a natural grip Material: Non-slip, high-density rubber or thermoplastic for durability and comfort Orientation: Left and right-hand specific grips where applicable 3. Shaft



(3)	372 2 2 MAN # 1012 3121
Adjustable mobility device with a handgrip Types: L-stick Tripods Quadri pods	Lightweight yet strang (e.g. strandard Biechtess aluminum, reinforced composite) Corrosion-resistant for indoor and outdoor use Height Adjustment: Single or double height-adjustment mechanisms: Single Adjustment: Adjustable shaft only, Double Adjustment: Adjustable cuff and shaft Mechanism Types: Quick-release push-button or secure clip-lock system 4. Tip (Ferrule) High-quality, durable rubber with anti-slip properties Suitable for varying environments (indoor, outdoor, wet/slippery surfaces) Replaceable Fit: Securely attached to the shaft; does not loosen during use 5. Sizing & Load Capacity Available Sizes: At least four distinct sizes to accommodate a range of users (Child, Youth, Adult, Tall Adult) Load Bearing Capacity: Standard crutches: up to 120 kg Bariatric Range: Reinforced design for users over 120 kg, must retain full functionality and comfort under heavier loads Constructed from aluminum alloy tubes. ABS handle with comfortable grip. Height-adjustment mechanism: Telescopic, quick-release Soft gel on handle top Tips securely fitted, non-slip, and replaceable of interchangeable Weight bearing capacity: 110kg Size: Large, Medium, Small
while walking or standing, with either	 Stable, anti-tip design suitable for users with varying mobility needs
	Adjustable mobility device with a handgrip Types: L-stick Tripods Quadri pods



O'Equipped with soft to unith and grips for enhanced contact of the soft of th

4. Dimensions & Size Options

- Width: 52 cm (standard); narrower versions for pediatric use as needed
- Height Range (Adjustable):
- Children: 50 cm 65 cm
- Youth: 66 cm 78 cm
- Adults: 79 cm 91.5 cm
- Available Sizes: Small (Child), Medium (Youth), Large (Adult/Eldetly)

5. Weight & Capacity

- Walker weight: Approximately 5.3 kg (may vary slightly
- Weight-hearing capacity: Up to 125 kg for adult and bariatric models
- Pediatric models designed for safe load-bearing as per age/weight standards

5.

Types:

- Active
- Semi-active
- Rough terrain





Intended to be selfpropelled by the users by pushing rims or wheels. Can be used indoor/outdoor and on various types of terrain.

Active/Semi-active wheelchair

Wheelchair with folding or rigid frame, three or four wheels with large rear wheels, seat and backrest, armrests and footrests

- Frame: frame with mechanism(s) to fold or dismantle
- High quality steel or aluminum frame-125kg capacity
- Backrest or back posts with adjustable height or supplied with range of back posts with fixed height.
- Detachable, Swing Away Armrests.
- Detachable, Swing In, Swing Out Leg test
- Footrests: with adjustable height to accommodate people with shorter and longer legs. Two flip-up, swing-away or removable footrests on folding frame
- Rear wheels; quick-release or removable without tools
- Puncture-proof, pneumatic rear tyres and front castors
- Anti-tippers for extra safety on slopes and uneven ground,
- Cushion:
 - Supplied with cover that meets general design requirements; for users with incontinence, a waterresistant cover or lining to protect cushion should be supplied
- overall height approximately 70-120 mm
- allows full or deep offloading or immersion (sinking into) and envelopment (conforming to shape) 40-45 mm) or
- different length options or adjustable in length

Rough terrain wheelchair

Wheelchair with folding or this framesthree, four or more wheels threat a structure with two larger drive wheelst sear and bunkress; and doubtests behind front castors

- May be lever-propelled
- Longer wheelbase than active wheelchair, larger overall length than transport wheelchair with large rear wheels
- · Low center of gravity to ensure stability
- Rear wheels and castors appropriate for outdoor rough terrain

Frame: frame with mechanism(s) to fold or dismantle, pushhandles can be integrated into frame, supplied as an add-on component or omitted, integrated stability options for feet, backrest or back-posts with adjustable height or supplied with range of back-posts with fixed height

Backrest: tension-adjustable backrest or rigid backrest that can be adjusted independently from back-posts, quick-release mechanism to be removed to allow folding

<u>Footrests</u> with adjustable height. Two flip-up, swing-away or removable footrests on folding frames.

Rear wheels (manual propelling); with push-rims or leverpropelled and quick-release or removable without tools for rigid frames for transport; optional for wheelchairs with folding frame. Wider or larger-tread tyres

Puncture-proof or pneumatic, rear tyres and front castors

Rear and front wheels (lever propelling): size and width of front and rear wheels appropriate for rough terrain and wheelchair design, three or multiple wheels, puncture-proof or pneumatic wheels

Cushion:

Supplied with cover that meets general design requirements; for users with incontinence, a water-resistant cover or lining to protect cushion should be supplied

- overall height approximately 70–120 mm
- allows full or deep offloading or immersion (sinking into)
 and envelopment (conforming to shape) 40-45 mm) or deeper
- · different length options or adjustable in length

Compliance

- ISO standard/CE certified
- Designed for durability, urban maneuverability, and short uneven terrain use
- Load capacity: Min. 100 kg
- Suitable for users with advanced mobility skills or moderate needs
- Standard quality

Accessories

- Anti-tip bars, headrest, scatbelt
- Foldable for transport
 - User manual and maintenance guide included



Sneha khadka Physiolherapist



CP wheelchair(Wheelchair with postural support)



Intended for Child or adult with intermediate or advanced posture support needs who requires variable tilt or recline, or larger range of static tilt or recline than available on manual wheelchairs

 For users who selfpropel or need to be assisted · Rigid frame or frame with mechanism to fold

· Three or four wheels, push-handles,

 Range of integrated or included postural support device and posture support cushion

Large-range adjustable recline and large-range adjustable
 Large-range adjustable

and variable (dynamic) tilt

 Rear wheels and front easters appropriate for indoor and outdoor mixed termin

Requirements for standard configuration

 integrated mechanism or adjustment options to prevent tip-over when chair used with tilt or recline

 Footrests with adjustable height; available in at least two adjustment ranges on all sizes of wheelchair to accommodate people with shorter and longer legs; two flip-up, swing-away or removable footrests for wheelchairs with folding frames

 Mechanism or adjustment options available to maintain backwards stability with maximum combined seat and

backrest configuration adjustments

 For self-propelled wheelchairs: adjustment options to improve reach to rear

Rear wheels:

 quick-release or removable without tools on rigid frames for self-propelled wheelchairs

Castors:

Puncture-proof or pneumatic rear tyres and front castors:

Back rest and support

 Height adjustable or available in different lengths to optimize trunk support (at least at shoulder height or higher)

Rigid seat and backrest: removable without tools on

folding frame.

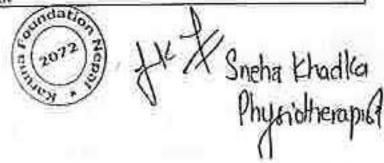
 Headrest attached to back of backrest and with adjustable forward and backward, sideways, height and angle; must be able to support head behind, in line of in front of back support as required.

Pelvis strap (positioning belt) with adjustable length

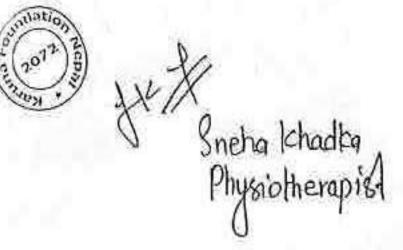
 Adjustable and removable knee separator pad (medial knee support); may be integrated in cushion; standard on child size and optional on adult size

· Calf or foot straps with adjustable length

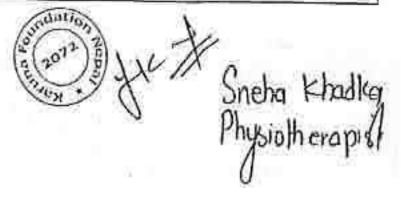
 Tray table or flip-up or removable armrests with adjustable height

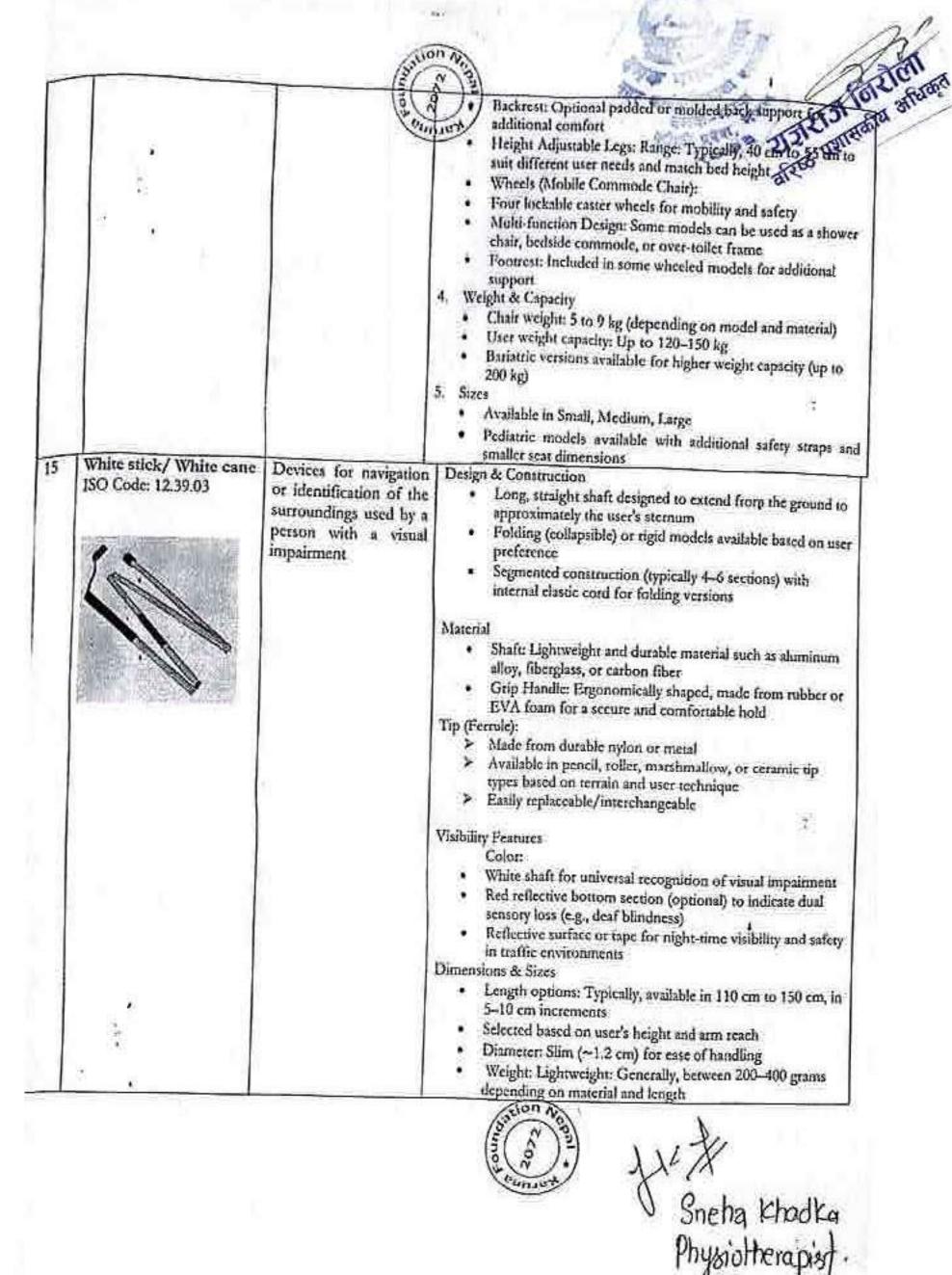


_		(2) (2)	2012 2 For
			Outside (lateral) thigh or knee pads (support for shoulder harness and chest strap. Compliance ISO standard/CE certified Designed for durability, urban maneuverability, and short uneven terrain use Load capacity: Afin. 100 kg. Suitable for users with advanced mobility skills or moderate needs Standard quality Accessories Anti-tip bars, headrest, seatbelt, tray Foldable for transport User manual and maintenance guide included
7.	Tricycles ISO Code: 12.18.09	Trikes or three- wheeled cycles for greater mobility and mostly for outdoor use	Disability hand operated tricycle, heavy duty which includes scat with backrest, footrest platform, single handed steering.
8.	Special shoes/Modified shoes/Orthopaedic Shoes ISO Code: 06:33.30	Orthopedic shoes are specially designed footwear intended to provide support, proper alignment, comfort, and relief for individuals with various foot and lower limb conditions or deformities.	Orthopedic shoes come in various styles and can accommodate a range of foot conditions, from common problems like bunions and hammertoes to more serious conditions associated with arthritis or diabetes. Specification Materials most include leather, foam tubbers, cellular polymers having long durability and comfortable wearing with ease. Size: Individual measurement should be taken Noter Locally manufactured item available in Nepal.



Short raises are primarily pased to compensate for less height disorcepancies, providing a level pelvis and terlucing stress on knees, hips and backs. Shoc Raise ISO Code: 06.33,30 Shoes with a removable insole to add extra depth to footweat or allow custom made insoles. Materials most include leather, foam rubbers, cellular polymers having long durability and comfortable wearing with case. Size: Individual measurement should be taken Note: Locally manufactured item available in Nepal. Ankle-Foot Orthosis 10 Orthosis Externally applied customized appliances/ device used to support, that (AFO) / Orthosis for encompasses assist, or correct the weakened segment of the lower extremity in foot drop ankle joint and the the subtalar region, ankle, and foot. ISO Code: 06.12.06 whole or pan of the foot Specifications: 1. Made of durable and elastic polypropylene. 2. Suitable for all types of shoes, can be used while wearing shoes 3. Help with dorsal flexion 4. Light weight, strong durability and load bearing 5. Colors and details can be customized Size: Individual measurement should be taken at the referred center Note: Locally manufactured item available in Nepal. Knee Ankle 11 Foot Orthosis A KAFO is a device that is used to control instabilities in the knee that Onhosis (KAFO)/ and lower limb by maintaining proper alignment and controlling encompasses Caliper knee and ankle joints. motion. ISO Code: 06.12.12 and the foot Specification 1. Made of durable and clastic polypropylene. 2. Suitable for all types of shoes, can be used while wearing shoes Help with dorsal flexion 4. Light weight, strong durability and load bearing 5. Colors and details can be customized Size: Individual measurement should be taken at the referred Note: Locally manufactured item available in Nepal.





Semi-Digital and Digital hearing nids with program and volume control

ISO Code: 22.06.15



1

Devices worn behind? L.Product Description the car to sound.

amplify Depond amplification devices designed to assist individual with mild to profound hearing loss. Devices are body worn or expless for pediatric and adult use.

2. Categories

- Semi-Digital Hearing Ald: Digital Signal Processing (DSP) or programmable features via computer/software.
- Digital Hearing Aid: Fully digital with DSP, programmable multiple channels, noise reduction, and feedback management.

1. General Specifications Feature Semi-Digital Digital Technology Digital hybrid Full DSP Channels ≥ 4 channels (typically 4-2-4 channels 16) Fitting Computer Computer programmable programmable User Volume control, Program selector, volume Controls on/off switch control (optional autogain) Output Wide Dynamic Range Peak clipping or Limiting Compression (WDRC) compression Advanced (adaptive) Noise Basic Reduction Adaptive/automatic Feedback Basic Cancellatio Onni-directional Microphon Omni or directional (adaptive optional) Battery Zinc-air or Same Type rechargeable. Battery Size 13, 312, or 675 Same Battery Life Minimum 120 Minimum 100 hours hours Ear Mold Standard BTE ear Same Compatibili hook

4. Performance & Standards

Frequency Range: 250 Hz - 6,000 Hz

0°C to 45°C, RH

Optional

0-90% noncondensing

- Max Output (OSPL90): ≤ 135 dB SPL (BTE standard)
- HFA Gain: 30-60 dB (depending on model)
- Total Harmonic Distortion (THD): ≤ 3% 1
- Compliance: IEC 60118-0, 60118-7, WHO APL

5. Design Features

Telecoil

Operating

Conditions

- Lightweight, tamper-resistant casing (IP52 or better)
- User-friendly controls

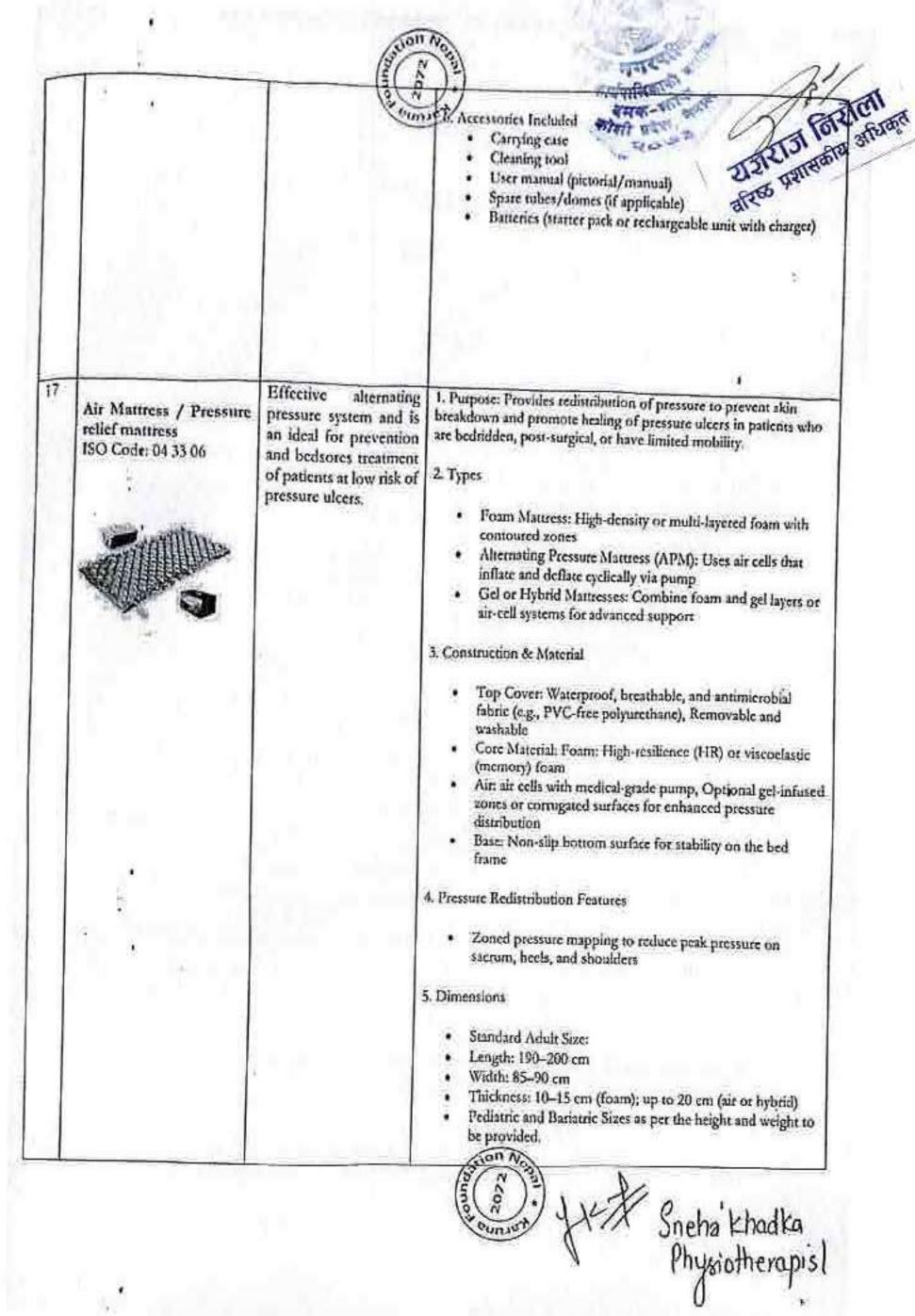


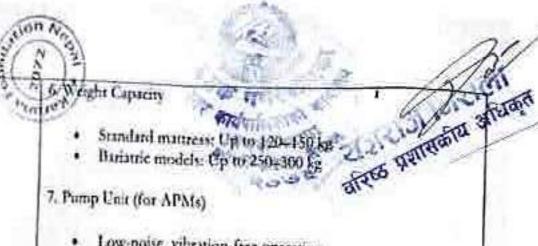
muscator (for rechargeable models)

So of Ampatible with standard ear molds or custom shells

Optional or integrated

Same





Low-noise, vibration-free operation

Adjustable pressure settings

Visual and audible alarms for low pressure or power failure

Power input: 220-240V, 50/60 Hz

8. Safety & Maintenance

Fire-retardant materials

Infection controls compliant

Easy to clean and disinfect

Provides effective support and compression to knee by use of four way stretchable tubular fabric.

Strong hinges provide rigid side splinting and free flexion movement.

Anti tourniquet strapping provides better grip and ensure no blood constriction

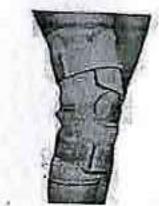
Silicon buttress along the patella opening

Biaxial hinge

Anti tourniquet effect

Four way compression

Knee brace/ Knee cap 18.



Functional Knee brace is versatile knee support which offers advantage of controlled compression around the knee and the rigid side support of a splint

नोट:यो सहायक सामग्रीको मापदण्ड Priority Assistive Products List(PAPL) को अनुसार रहेको छ ।

सन्दर्भ दस्तावेज

सहायक प्रविधि सामग्री सेवा सम्वन्धी राष्ट्रिय मापदण्ड (२०७८) https://eded.gov.np/resource-detail/national-standard-on-assistive-technology-2078

प्राथमिक सहायक सामाग्री सूचि सम्बन्धी कार्यसञ्चालनका लागि मार्ग निर्देशन २०७८ https://eded.gov.np/resource-detail/operational-guideline-for-the-priority-assistiveproduct-list

Priority Assistive Product List of Nepal, 2078 BS: https://cdo.who.int/media/docs/default-source/assistive-technology-2/priority-assistiveproductslist/nepal_nationalpriorityassistiveproductlist22ef6d46ef7a4079a5d2e279010a27fd.p. d@sfvrsn=9h669404 7

Assistive product specifications and how to use them, 2021; https://iris.who.int/bitstream/handle/10665/339851/978W25920283-eng.pdf?sequence=1